

# **BVH CHEER Pre-Tryout 20/21 Season Information**

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## **Tryouts: March 23-25/27th**

- **3-day clinic** (Monday, Tuesday, Wednesday 6-8 pm in the main gym) -
  - Required to be there at least Monday or Tuesday; Wednesday is required
  - New candidates will be scored out of 70 points based on the clinic by the coaches
  - Returning candidates will be score out of 70 points
    - 30 points from clinic days
    - 40 points from the coach's recommendation

See attached rubrics.

- **Friday (March 27th): REQUIRED - Tryouts with outside judges**
  - Total of 70 points possible. See attached rubric.

## **Season Expectations:**

- Spring (April) - Highly encouraged open gyms at local cheer gyms throughout the week. [Optional]
- Summer (May-June) - Required practices and weight programs.
  - Weights will begin in June (morning sessions); required to be present for a minimum amount of sessions. *Any conflicts must be brought to the coaches' attention ASAP.*
  - Practices: starting May 7th. Practice twice a week in the evenings for two hours. Required.
  - Camp: Practices daily the week leading up to camp departure.
    - Camp is at Northwest Missouri State June 25-28th
  - July - off. Open gyms still *highly* encouraged
- Fall Practices -
  - Three times a week - evening practices anticipated. Approx. 7:30-9:30
    - Subject to change/added practices due to competitions

## **Competitions:**

- Showcase Competition - all teams competing together! Beginning/middle of November (additional local competition tbd)
- State Competition - end of November. Maximum of 30 athletes competing; tryouts will be held for those wanting to be on the state team.
- *Possible Regionals (Blue Springs, MO - December 2020)/National Competition (Orlando, FL - February 2021). Maximum of 30 competing. Tryouts will be held as well.*

## **Dual Participation:**

On occasion, some of our students try to engage in simultaneous school activities. Regardless of the school activities, we have always tried to work with the student in a way that the student could participate in both without compromising either school activity. Sometimes it can work and sometimes it can't. There is not a hierarchy of one school activity over the other. However, if one school activity is participating at the state level and the other is not, the state event would likely take precedent over the non-state event.